

# ADAPTIVE RECREATION ACTIVITIES

## Winter 2012

Adaptive Recreation is a weekly activity program specially geared for mentally and/or physically challenged teens and adults. Adaptive Rec. is sponsored by the Hutchinson Parks, Recreation & Community Education Department, with additional funding from United Way of McLeod County.

Receive a current calendar of current activities by calling **320.234.5656**.

JANUARY			
Tuesday, January 10th	KARAOKE <b>Note Time!</b>	6:30-8:30pm	\$4.00
Tuesday, January 17th	DANCE	7-8:30pm	\$4.00
Tuesday, January 24th	BINGO	7-8:30pm	\$4.00
Tuesday, January 31st	SPECIAL-Singing Group	7-8:30pm	\$4.00
FEBRUARY			
Tuesday, February 7th	BINGO	7-8:30pm	\$4.00
Tuesday, February 14th	MOVIE <b>Note Time!</b>	6:30-8:30pm	\$4.00
Tuesday, February 21st	DANCE	7-8:30pm	\$4.00
Tuesday, February 28th	SPECIAL EVENT-Zumba! MS	7-8:30pm	\$4.00
MARCH			
Tuesday, March 6th	BINGO	7-8:30pm	\$4.00
Tuesday, March 13th	MOVIE <b>Note Time!</b>	6:30-8:30pm	\$4.00
Tuesday, March 20th	DANCE	7-8:30pm	\$4.00
Tuesday, March 27th	HOOP NIGHT-MIDDLE SCHOOL	7-8:30pm	\$4.00
APRIL			
Tuesday, April 3rd	BINGO	7-8:30pm	\$4.00
Tuesday, April 10th	NO EVENT	-	-
Tuesday, April 17th	DANCE	7-8:30pm	\$4.00
Tuesday, April 24th	KARAOKE <b>Note Time!</b>	6:30-8:30 pm	\$4.00
MAY			
Tuesday, May 1st	BINGO	7-8:30pm	\$4.00
Tuesday, May 8th Purchase tickets by 5/2/12	SPRING DANCE! <b><u>Advance Tickets ONLY</u></b>	6pm-8:30pm <b>Note Time!</b>	\$8.00
SPRING BOWLING AT HUTCH BOWL	RSVP FOR BOWLING BEFORE APRIL 24th	May 10th- June 14th Thursdays	\$42.00 or \$36.00 (No shirt)

United  
Way



Most activities are held at the Hutchinson Event Center  
1005 Hwy 15 South, Hutchinson, MN 55350 - 320.234.5656

# SENIOR PROGRAMMING WINTER/SPRING 2012

Event Center -1005 Highway 15 S - Plaza 15

320-234-5656

The Senior Programming area is open to the public

Monday-Thursday 9:00 am-3:30 pm

There will be no senior programming activities on National Holidays.

## ACTIVITIES. . .

**Bone Builders** - Monday & Wednesday at 9:30am

**Card Games** - 500, Bridge, BINGO, Canasta, Double Bridge, Pinochle, Texas Hold 'Em, Rook, Sheephead

**Dominoes** - Every Monday at 9:30am

**Fellowship Dinners/BINGO** - Last Monday of every month. **Come Join Us!**

**55 + BOOK CLUB** - The last Wednesday of the month at 10am.

**Line Dancing - Every Wednesday 11:30am at the Recreation Center.**

**Monthly Movies** - New releases! Free popcorn!

**Pilates** - Thursdays at 9am

**Red Hat Society** - inquire with Sr. Programming.

**Tours** - Several tours are sponsored by the Senior Center. **Please contact the office for the most recent tour information.**

**Wii Bowling** - Every Tuesday at 9 am

**Volunteer Listeners for the elementary school!**

## **AARP Safe Driving Courses**

**January 4th** - Refresher Class ..... 1-5pm

**February 1st** - Refresher Class ..... 1-5pm

**March 7th** - Refresher Course ..... 1-5pm

**April 4th** - Refresher Course ..... 1-5pm

**May 2nd** - Refresher Course ..... 1-5pm

Register for any of the upcoming classes by visiting the Event Center - 1005 Hwy 15 South  
For more information call 234-5656.

**Fee:** \$15 AARP members \$17 non-AARP members.

Refresher classes needed every three years.

Check with your insurance company to find out when you're due for your refresher course.

**Sr. Programming offers ONLY the refresher course**



## **Health Services -**

**Kinship Care** - Relatives as parents caring for children support group has ongoing meetings. Contact: Jane Ryan at 320-286-4100 ext 1024.

**Massage Clinic** - January 26th, February 23rd, March 22nd, April 26th, May 24th. Senior special - \$5 for a 10 minute session! Please call 234-5656 to make an appointment.

**Minnesota River Agency on Aging -**

January 24th, February 28th, March 27th, April 24th, and May 22nd. Representatives available to help with any Plan D or Medicare questions. Please call 234-5656 to make an appointment or to learn how to volunteer.

**Services for the Blind** - onsite visual monitors for public use available from: 9-3:30pm Monday-Thursday.

**Toenail Clinic** - Call 234-5656 for appointment January 24th & 25th, February 28th & 29th, March 27th & 28th, April 24th & 25th and May 29th & 30th. \$20 fee payable to McLeod County Services.

## **AARP Tax Volunteer**

AARP tax-aid volunteer trained in cooperation with the IRS will be available for free tax assistance and preparation. This service available February 1st - Wednesdays 9-3pm and Thursdays 9-1pm Service to people 55 & over for basic returns only. **WALK IN ONLY.**



## **Dance**

**March 21st**-The Nite Owls..... 1-4pm Fee:\$6

**April 18th**-Marv & Carol Nissel.... 1-4pm Fee:\$6

**May 23rd**-Jerry's One Man Band 1-4pm Fee:\$6



**Newsletter . . .**The Senior Center publishes a monthly newsletter detailing all upcoming events and tours. Annual fee is only \$8 or \$15 for a two year subscription or receive a pdf version via email for \$3. Please contact the office at 234-5656 for more

details. **Thank you to our sponsor:** United Way of McLeod County

[www.hutchinsoneventcenter.com](http://www.hutchinsoneventcenter.com)